





Join us for a weekend of connecting, building skills, having fun, and sharing community at Snake Farm Ranch, located just outside of Lawrence, KS

SCHEDULE:

SATURDAY

9am | free ride / hike

10am | introductions

10:45am | Bike 101 mechanics and skills

11:45am | picnic lunch

12:40am | Survive and Thrive guest panel & discussion

2-4pm | ride time & skills practice

4:15pm | yoga + relaxation / free time

6pm | dinner around the campfire

lodging options: camping outside, sleeping in the barn, or stay at a local hotel

SUNDAY

8:15am | breakfast
9am | self-sufficiency on the bike
10am | taking care of yourself (sleep, nutrition, + more)
10:30am | load out time

<u>Volunteer</u> <u>Sign-Up</u> 26092 Snake Farm Rd, Lawrence, KS 66044

<u>Participant</u> <u>Sign-Up</u>

